



"2021. Año de la Constitución de la Independencia y la Grandeza de México"

# ESCUELA NORMAL DE ATIZAPÁN DE ZARAGOZA

"Formar para transformar, con calidad, calidez y compromiso social"

## LICENCIATURA EN ENSEÑANZA Y APRENDIZAJE DEL INGLÉS EN EDUCACIÓN SECUNDARIA

AXIS: THEORETICAL METHODOLOGICAL BASES FOR TEACHING

TITLE: HOW ADOLESCENT PREGNANCY
AFFECTS EDUCATION

STUDENT: HERNÁNDEZ CONTRERAS CINTHYA RUBI

### HOW ADOLESCENT PREGNANCY AFFECTS EDUCATION

#### INTRODUCTION

Adolescence is a stage, a bit complicated since it is the time when there are many changes, and we seek to experiment in all aspects, that is why the present work aims to talk about how teenage pregnancy affects education, since when faced with a situation of this type, many changes occur, among which the abandonment of school arises.

Likewise, mention will be made of those of the theoretical-methodological bases for teaching, which are of the utmost importance to capture the attention of the student when giving classes and prevent them from seeking to experience things that are not yet entirely correct for them. your age; the theoretical-methodological bases offer the foundations and knowledge on which development in childhood up to adolescence is based; focuses its attention on learning and teaching processes that enhance cognitive, socio-emotional, and affective competencies and skills that contribute to adequately face the global challenges of the knowledge society.

Therefore, the main topic should be related to all the courses that have been covered during the first semester of the degree, since knowing each subject, you can make that relationship with the main topic. And in the same way, mention will be made of the experiences and knowledge obtained in the practices, which despite being different due to the pandemic, I have been able to learn many things.

#### DEVELOPMENT

There were three different dates on which the approaches to the practices were carried out, which were the days of October 28 to 30, December 2 to 4, and January 27 to 29. Where I approached a teacher belonging to the Official Secondary School 0663 Emiliano Zapata, located in Manuel Doblado street, Colonia Ampliación Emiliano Zapata, Ciudad López Mateos, Atizapán de Zaragoza, State of Mexico, C.P. 52918. Evening Shift; with CCT 15EES0997K.

This school is located in an urban context since it has the essential services to be part of an urban environment; Due to the health situation, I could not attend the school to observe it, however thanks to the photos found on the internet, you can see that it is a school that is located on the avenue, which can be a little dangerous for the students; Likewise, thanks to the information that the teacher interviewed gave me, it is possible to know that it is an institution that has tape recorders, computers, and materials of this type for the development of the classes.

All the information was obtained with various methods such as questionnaires, observation, interviews, the Likert scale; where the questionnaire was supported by observation, which according to Bunge (2007, in Campos and Lule, 2012. P. 49) points out that, "observation is the elementary empirical procedure of science whose object of study is one or various facts, objects or phenomena of current reality". With which, very interesting information could be obtained. In this sense, the issue of adolescent pregnancy caught my attention, which affects in many aspects, but mostly education, since this is where other disadvantages for adaptation to this world start.

In this sense, adolescents are in a stage in which a biological, psychological, sexual, and social development occurs; and likewise, a search for identity begins, which according to Erikson (1950, in Papalia, Wendkos and Duskin, 2009. P. 515) "It is a coherent conception of the self-formed by goals, values, and beliefs with which the person is firmly committed"; which also leads to experimentation in all senses, but especially about sexuality.

But what can be done to avoid pregnancies at an early age and that adolescents do not have to abandon their studies? As a teacher, you can help by providing information that could prevent an adolescent from becoming pregnant, since having this knowledge, you will think with much more reasoning, and thus avoid unwanted pregnancy, as well as know the consequences that may have to be They are not only for her physically but also for the adolescent father; the changes they will have to make in general in their life, such as dropping out of school.

Also they need a lot of support of their parents, to be aware of their children, on how is their performance in school; With this, the interviewed teacher mentions that there are parents who see interest, and attend the meetings and seek to support the student by carrying out the activities that are indicated to avoid a grade. With this, the student will stay busy, and those who want to experiment sexually, and do not have to change their backpack for a diaper bag, can also be avoided.

However, when the adolescent is already pregnant, the search for a job will begin, and education will be left for later, although in many cases it remains there since in the future she is not given that continuation; However, this causes financial problems, since without a good educational level, it is unlikely that a well-paid job will be obtained, and it will be sufficient for the expenses of the baby, the mother, and the father.

According to De la Torre and Ramírez (2019, in Orozco, Espinosa, Fonseca and Vélez, 2019. P. 28), the document that "inequality from parents' education is higher in the southern and central regions". That is, if the adolescent parents had to drop out of school because they would be parents, in the future the child runs the same risk, since as the parents do not have a good job, it may be difficult for them to pay for their education. son, or acquiring any instrument; For example, right now, due to the pandemic caused by SARS-CoV-2, it can be very difficult for many to acquire an electronic device or television so that children can watch the educational program that is broadcast, which will cause them to They are not learning well and in the future suffer financial problems.

The program that is broadcast is called Aprende en Casa II. This is a Distance Education program, which was created by the Secretary of Public Education, and presented by Enrique Rodal and Nadia Jiménez on April 20, 2020. These programs have a duration of 30 minutes and are broadcast by various television stations in Mexico. In which one topic per day is observed, however when I had the opportunity to observe this program one day, I could realize that it is good content, however, there are many students who, although they are at a secondary level, do not have

much knowledge of the language and may have difficulty understanding these topics.

Therefore, if the adolescent does not understand, he will reach a point of stress, which is not good, since according to Krashen (1970, in Thornbury, 1999. P. 19) "when the learner is exposed to the right input in a stress-free environment so that innate learning capacities are triggered"; that is, they will prefer to leave the topic and not finish their activity to do other types of things such as going out with friends, partner, instead of trying to understand the topic.

On the other hand, the lack of information on sexuality can be a factor that leads adolescents to experiment without knowing all the possible consequences; but it is also due to the support that parents can provide, however, on many occasions parents do not want to talk about these issues because they think they are opening a door, and sadly this is part of the culture since they are beliefs that are held. And it is that according to UNESCO (1982 and 2001. P. 10), "culture is that set of distinctive spiritual, material, intellectual and emotional features of a society or social group, encompassing all the ways of being in that society; at a minimum, including art and literature, lifestyles, ways of living together, value systems, traditions, and beliefs"; beliefs that affect society.

That is, parents by having this type of beliefs, take away information from adolescents about sexuality, however, it is really necessary to let them know about these issues since with this they can avoid pregnancies and above all that they do not put a break from their studies, but continue until they achieve a university degree, then have a good job and a life with good conditions.

#### CONCLUSION

Making this document, I realized that teenage pregnancy affects in many aspects, since not only will there be physical changes, but also certain actions such as dropping out of school must be done to start the search for a job with which you can get a small salary and with this pay what you need to survive, however, the only

thing you could get is the minimum in terms of salary, and this does not help much, since it will not serve to give you life from quality to that new living being.

In this sense, it is very necessary to provide sufficient information about sexuality to adolescent students, since being in a stage in which they seek to experience all kinds of things, they run the risk that the first time they experience sexuality, you have an unwanted pregnancy at an early age; therefore, as teachers, you should find a way to guide adolescents on this type of topic, since school is the place where the greatest amount of information is obtained.

And it is a bit sad to know this since it should be in the homes where they are taught these types of topics, however in society there are still those beliefs that when talking to adolescents about these topics, it is like inviting them to already Do it, but it is not like that, on the contrary, it is to help prevent contracting an unwanted pregnancy, and thus prevent adolescents from abandoning their studies and in the future complete a career, which will open many doors in the workplace; In other words, could society improve if the majority of young people finish their careers?

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